



# BOYANUP PRIMARY SCHOOL

*Independent Public School*

[boyanupps.wa.edu.au](http://boyanupps.wa.edu.au)

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[boyanup.ps@education.wa.edu.au](mailto:boyanup.ps@education.wa.edu.au)

Principal: Mr Justin Grasso

[Justin.Grasso@education.wa.edu.au](mailto:Justin.Grasso@education.wa.edu.au)



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Issue No: 3    March 7<sup>th</sup> 2023

## School Board Parent Vacancies

Unfortunately, during the previous round of School Board Nominations, we were unable to fill all the vacancies. School Board Nominations have been re-opened to fill 2 parent positions. Nomination forms are available from the school office, please complete the forms and return back to the school as soon as possible. If you would like to know more information, please don't hesitate to speak with the Principal.

## NAPLAN 2023

The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual assessment for students in Years 3, 5, 7 and 9. The Year 3 and Year 5 students at Boyanup PS will participate in the NAPLAN tests in reading, writing, conventions of language (spelling, grammar and punctuation) and numeracy held from the 15<sup>th</sup> to the 27<sup>th</sup> of March.

Our students have been engaged in NAPLAN Online practice sessions over these past weeks allowing them to become familiar with the On-line testing format.

We wish all of our students the best as they show perseverance and determination throughout the week!

To find out more about NAPLAN Online, visit <https://www.nap.edu.au/online-assessment>



## Nude Food Campaign

'Nude Food' is food without excess packaging. This reduces the amount of rubbish that needs to go in bins to be sent to landfill. As Boyanup School is a Waste Wise school, we need to do our best to reduce waste going into landfill. I have already noticed while on recess and lunch duty that many of our families have already adopted the Nude Food option, this is great.

For more information on Nude Food go to:  
<http://www.wow.sa.gov.au/nude-food.html>

## Communications

If you have any queries or concerns please contact your child's classroom teacher sooner rather than later. Keeping communication open and regular helps to prevent things from getting out of hand.



## P & C Committee 2023

The P & C recently held their AGM for 2023 to establish a new committee. Thank you to those families who were available to attend and congratulations to those members who were nominated into the Executive Committee.

### **The P & C Executive Committee for 2023 is;**

President: Erica Foan  
Vice President: Emma Denton  
Secretary: Tracy McDonald  
Treasurer: Mel Denham

### **Sub Committees;**

Uniforms: Kelly Owen  
Canteen: Marji O'Connor

We look forward to working closely with the P&C throughout the year and thank you for supporting our school.

Mr J. Grasso  
Principal

## Rules of Regulation – Jo Parry, Deputy Principal

# The ZONES of Regulation

The *Zones of Regulation*® is a framework and easy-to-use curriculum for teaching students' strategies for emotional and sensory self-management.

The Zones approach uses four colours to help students identify how they are feeling in the moment given their emotions and level of alertness as well as guide them to strategies to support regulation.

By understanding how to notice their body's signals, detect triggers, read social context, and consider how their behaviour impact those around them, students learn improved emotional control, sensory regulation, self-awareness, and problem-solving abilities.



At Boyanup Primary School, we support all students by teaching them *The Zones of Regulation*® as a whole school approach (WSA). This helps students recognise when they are in different states or "zones," with each of four zones represented by a different colour.



**The Red Zone** is used to describe extremely heightened states of alertness and intense emotions. A person may be elated, euphoric, or experiencing anger, rage, explosive behaviour, devastation, or terror when in the Red Zone.

The **Yellow Zone** is also used to describe a heightened state of alertness and elevated emotions; however, individuals have more control when they are in the Yellow Zone. A person may be experiencing stress, frustration, anxiety, excitement, silliness, the wiggles, or nervousness when in the Yellow Zone.



**The Green Zone** is used to describe a calm state of alertness. A person may be described as happy, focused, content, or ready to learn when in the Green Zone. This is the zone where optimal learning occurs.

The **Blue Zone** is used to describe low states of alertness and down feelings such as when one feels sad, tired, sick, or bored.



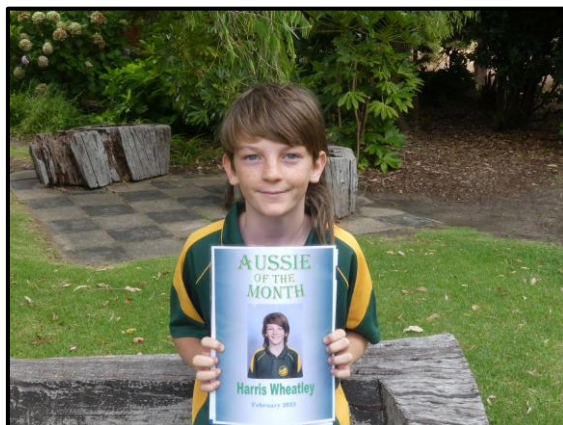
All the zones are natural to experience, but the framework focuses on teaching students how to recognise and manage their zone, based on the demands of their environment and the people around them.

# The ZONES of Regulation

## Parent Information Workshop

Where: Library - Boyanup Primary School  
When: 8<sup>th</sup> March @ 3.15pm  
15<sup>th</sup> March @ 5.30pm  
(Two sessions will be provided to cater for working parents)  
Why: Sharing information on the implementation of Zones  
Who: Jo Parry & Lauren Delich

## AUSSIE OF THE MONTH



*Harris Wheatley*

*Congratulations!*



## VALUES AND ACHIEVEMENT AWARD WINNERS

### ACHIEVEMENT AWARDS

PP/Year 1	Lylah Dekker
Year 1/2.	Patrick Chan, Amahlia Hunter
Year 2/3	Sydnee Hall, Jaxon Bartlett
Year 3/4.	Charlie Hoffman
Year 5/6	Kingsley Bennett



*Back: Jaxon, Kingsley, Charlie, Patrick  
Front: Sydnee, Amahlia, Lylah*



*Front: Nathan, Jackson, Caitlin, Sadie  
Absent: Sage*

### VALUES AWARDS

PP/Year 1	Nathan Farley
Year 1/2.	Jackson Hepenstall
Year 2/3	Sage Vea
Year 3/4	Sadie Van Leeuwen
Year 5/6	Caitlin Mak



## School Fees

**School Fees and P & C Contributions can be paid at the school office (Eftpos or cash) or by direct debit.**

**BSB: 066507**

**Account: 00901091**

**Reference: Family Name**

**Every payment assists our school and our students.**

## School Absentees

If your child is absent from school, please SMS **0437 204 580** with a brief explanation. Alternatively, you can send a note to school with your child on their return. A text message is automatically generated at 10.00am if we have not received a verbal, written or SMS reason for your child's absence.

## School Canteen

### THURSDAY IS CANTEEN DAY

**Orders can be placed via Quickcliq anytime between Friday to Wednesday 3pm**



Order through QuickCliqu (information flyers available at the office, if required)

The Canteen are always seeking volunteers to help on canteen day. If you can assist in any way, please don't hesitate to contact Marji O'Connor on 0410 501 895 or pop into the office to leave your details and availability.

## Containers for Change

### **CANS ! BOTTLES ! JUICE BOXES !**

As part of our WasteWise and Recycling program we participate in the Containers for Change initiative.

The school has three bins (coloured bins with white lids) near the bike racks where recyclable cans, bottles and juice/milk boxes can be left by families during school opening hours.

All funds raised by your donations will go towards the School and our students.



## LIBRARY EVENTS

### March 2023

**REGULAR EVENTS**

*Storytime (ages 2-5)*  
DALYELLUP: Mondays 10am  
CAPEL: Tuesdays 10am

*Rhymetime (ages 0-3)*  
BOYANUP: Wednesdays 10am  
DALYELLUP: Thursdays 11am

*Lego Free Play (ages 5+)*  
CAPEL: Tuesdays 3:30pm  
BOYANUP: Wednesdays 3:30pm  
DALYELLUP: Thursdays 3:50pm

*Sen'n Tell*  
BOYANUP: Wednesdays 11am-3pm

*Justice of the Peace*  
DALYELLUP: Fridays 2-3pm

**PUBLIC HOLIDAY**  
**MONDAY 6 MARCH**  
CAPEL & DALYELLUP LIBRARIES  
**CLOSED**

**CAPEL LIBRARY OPEN 9AM-4PM**  
**Captivate SATURDAY**  
**Capel 11 MARCH**

STORYTIMES GIANT GAMES KIDS CRAFTS READING TENT BOOKSALE

**Cartoon Exhibition**  
ON NOW UNTIL 15 MARCH  
@ Capel Library

FEATURING THE WORKS OF  
WESTERN AUSTRALIAN  
CARTOONISTS 1900-2000

**Family Reading Tent**  
Celebrating Australian Reading Hour  
CAPEL & DALYELLUP LIBRARIES  
**9 March 2023**  
**9am-5pm**

Capel Library: 9727 0290 Dalvellup Library: 9795 7815 Boyanup Library: 9731 5639



library.capel.wa.gov.au  
caplib@capel.wa.gov.au  
facebook.com/capellibraries

SCAN FOR  
EVENTBRITE  
BOOKINGS



## PLAY WITH FRIENDS

### DISCOVER THE FUN

This **GIRLS ONLY** program allows girls to play cricket their own way, includes fun & social activities and allows the girls to develop their personal cricket skills, in an inclusive environment with a female coach

**Ages:** 5-15 years (no cricket experience required)

**When:** 4-5pm, Friday 3, 10, 17, 24 March

**Where:** Hay Park (near the new pavilion)

**Cost:** FREE

**FOR MORE INFORMATION CONTACT**  
Kristy Lind  
kristy.lind@wacricicket.com.au or  
Phone 0439 725 914  
Register at:  
<https://forms.office.com/r/sHvcDNXSyt>

## HAVE A GO DAY

**BOYANUP NETBALL CLUB**

**28TH MARCH- 3.30 PM**

**BOYANUP HARDCOURTS**

**\$2 SAUSAGE SIZZLE**

**COME HAVE A GO AND SEE IF YOU WOULD LIKE TO JOIN. SEASON WILL BEGIN TERM 2**

## Parenting Connection

### FREE "Tuning Into Your Child"

#### 6- week parenting program

Would you like to learn how to:

- Communicate with your child more effectively?
- Help prevent behaviour issues with your child?
- Help your child develop coping skills, resilience and emotional intelligence?
- Learn how to emotion coach your child through anger and anxiety?
- Guide your child around problem solving and managing conflict

Suitable for parents and carers of children aged between 2 to 16 (Dads encouraged)

Attendance at all six sessions is strongly recommended

**To register:**  
Call Kerry on 0438 542 152 (leave a message)  
or email kezzah09@gmail.com

**When: Beginning Tuesday**  
**28th Feb to April 4th**  
**Donnybrook Library**  
**6pm to 8.30pm**

Supported by

# Term Planner

## 2023 BOYANUP PRIMARY SCHOOL

## Term One

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
<b>6</b>	6 March <b>Labour Day</b>	7 <b>Newsletter</b>	8	9	10 <b>Kindy</b>	11	12
<b>7</b>	13 March	14	15	16	17	18	19
<b>8</b>	20 March	21 <b>Newsletter</b>	22	23	24 <b>Kindy</b>	25	26
<b>9</b>	27 March <b>HARMONY WEEK</b>	28	29	30 <b>TA01 Assembly</b>	31	1 April	2
<b>10</b>	3 April	4 <b>Newsletter</b>	5	6 <b>Students last day</b>	7 <b>Good Friday</b>	8	9
<b>H</b>	10 April <b>Easter Monday</b>	11	12	13	14	15	16
<b>H</b>	17 April	18	19	20	21	22	23

Start and End of Term

Public Holidays

School Holidays (students)

School Development Days